

Pilates Classes

Parochial Hall, Fitzroy Drive, Oakwood, LS8 4AB - Activity room,
downstairs - Maximum 9 spaces

Tuesdays at 9:15am and 10.30am and 12:00noon

Wednesdays at 6:00pm, 7:15pm and 8:30pm

Thursdays at 9:15am and 10.30am

Zoom

Fridays at 9:15am and 10.15am

All classes are mixed ability with beginners welcome.

Courses run by school half terms. 'Drop ins' may be available at some classes –
please enquire about availability and prices.

N.B. More limited classes run in school summer holidays

Please call Anne to book your place or for more information on 07926 385227